

1. Introduction

Thank you for purchasing the **pomabrush** Sonic Electric Toothbrush. This manual provides complete instructions for safe operation, maintenance, and troubleshooting. The **pomabrush** combines sonic cleaning technology with a travel charging case featuring integrated UV-C hygiene cycle for brush head hygiene maintenance.

The system includes:

- Sonic electric toothbrush handle with replaceable brush heads
- Portable charging case with built-in battery
- UV-C hygiene cycle system integrated in charging case

READ ALL INSTRUCTIONS BEFORE USE. RETAIN THIS MANUAL FOR FUTURE REFERENCE.

2. Safety Information

General Safety

Toothbrush Handle:

- The toothbrush handle may be safely rinsed under running water or used in a shower due to its IPX7 rating.
- After rinsing, shake off excess water and dry before storing or charging.
- Do not immerse in liquid for extended periods.
- Always use the supplied USB-C-magnetic cable to charge the case & travel case.
- Avoid using third-party cables or power sources that exceed standard USB output specifications.

Charging Case:

- The charging case is not waterproof.
- If the case becomes wet, wipe dry with a cloth.
- Do not immerse the charging case in liquid.

UV-C hygiene cycle:

- UV-C light activates only when the case is fully closed and automatically shuts off if the lid is opened during the cycle.
- In the event that UV-C lamps do not switch off when the case is opened, close the case immediately to avoid prolonged skin or eye exposure.
- For technical support, contact customer service if UV-C function malfunctions.

Cleaning Agents

DO NOT USE:

- Alcohol
- Solvents
- Abrasive cleaners

These substances can damage seals and silicone components on the handle and case.

Operating Environment

Temperature Range: -20°C to 45°C (-4°F to 113°F)

Extreme temperatures or humidity outside this range may shorten battery life or affect performance.

General Caution

Internal Repairs

- Do not disassemble or attempt repairs.
- Internal components carry electrical voltage.
- Contact customer support for service or guidance if device malfunctions.

Replacement Parts

- Use only manufacturer-approved replacement brush heads.
- Non-approved brush heads may not fit properly or could damage the device.

Supervision

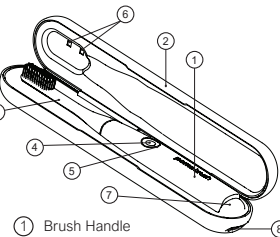
- Children should be supervised during use.
- Consult with a dental professional if you have questions about proper brushing technique or oral care.

3. Package Contents

Verify that the following items are included:

- 1 × **pomabrush** Sonic Electric Toothbrush Handle (with 1 brush head pre-installed)
- 1 × Additional Brush Head (in protective sleeve)
- 1 × Portable Charging Case with UV-C Cleaning
- 1 × USB-C to Magnetic Charging Cable (for case & handle)
- 1 × User Manual (this document)

Note! If any items are missing or damaged, contact customer support immediately.



- ① Brush Handle
- ② Charging Case
- ③ Brush Head
- ④ Power/Mode Button
- ⑤ Power/Mode/Pressure/Charge LED Indicator
- ⑥ UV-C Hygiene Lamps
- ⑦ Magnetic Charging Connector (Brush)
- ⑧ Magnetic Charging Port (Case)

4. Component Identification

1. Brush Handle – Main body housing battery and motor
2. Charging Case – Portable case with integrated charging and UV-C hygiene cycle
3. Brush Head – Replaceable, attaches to handle
4. Power/Mode Button – Press to power on/off and cycle modes
5. Power/Mode/Pressure/Charge LED Indicator Ring – Multi-colour status indicator
6. UV-C Hygiene Lamps – Located inside charging case
7. Magnetic Charging Connector (Brush) – On bottom of handle
8. Magnetic Charging Port (Case) – On the outside at the bottom of the case

5. Product Specifications

Toothbrush Handle

SPECIFICATION	VALUE
Power	Lithium-ion rechargeable battery
Battery Capacity	600mAh
Charging Method	USB-C to Magnetic connector
Battery Life	Approximately 30 days (2 minutes, twice daily)
Performance	Brush Frequency Range (31,000–41,000 vibrations per minute)
Operating Modes	3 modes (Cleaning, Whitening, Massage)
Timer Function	2-minute auto-shut-off with 30-second interval signals

SPECIFICATION	VALUE
Over Pressure Sensor	The ring LED will flash red if too much pressure is applied
Physical	
Handle Dimensions	205 mm (L) × 23 mm (Ø base)
Brush Head	Diameter 12 mm (Ø)
Waterproof	Rating IPX7
LED Indicators	Mode indicator ring (Blue/Green/Yellow)
Power/Mode Ring Indicator	Red (low battery), Pulsing Green (charging)

Charging Case

SPECIFICATION	VALUE
Power	Lithium-ion rechargeable battery
Battery Capacity	2,000mAh
Charging Time	Approximately 6 hours (full charge)
UV Cleaning	Cleaning Cycle 2 minutes (automatic)
Charging Port	USB-C to Magnetic connector
Physical	
Package Dimensions	245 × 57 × 55 mm
LED Indicators	Purple (UV-C active), Green (charging)
Output Capability	Multiple handle charges per case charge
UV-C Lamps	Integrated
Activation	Automatic when case is closed
Case Dimensions	35 × 45 × 35 mm
Materials	ABS plastic, silicone

Compliance and Warranty

ITEM DETAILS	
Certifications	CE, RoHS, FCC, FDA, IPX7
Warranty	12 months from date of purchase
FDA Registration	Class I Medical Device
Operating Temperature	20°C to 45°C (-4°F to 113°F)

Charging Case Components

LED indicators:

- Green LED (case charging status)
- Purple LED (UV-C hygiene cycle active)

Interior:

- Magnetic charging connector (contacts brush handle)
- UV-C lamps (positioned to expose brush head)
- Brush head storage area

Exterior:

- Magnetic charging port
- Lid with secure magnetic closure mechanism

6. Getting Started

Initial Setup

STEP 1: Unbox and Inspect

1. Remove all components from packaging.
2. Remove any protective films or covers from the toothbrush handle and case.
3. Verify all items are present (refer to Section 4).

STEP 2: Charge the Charging Case

Before first use, charge the portable charging case fully.

1. Connect the Magnetic cable connector to the charging port on the case.
2. Connect the USB-C end to a power adapter (5V/1A minimum).
3. The green LED next to the charging port will **blink** while charging.
4. The light stays **solid green** when the case is fully charged (approximately 6 hours).
5. Time to full charge is under 6 hours in most cases.

Note!: The case arrives partially charged but may have lost charge during shipping. For best performance, fully charge before first use.

STEP 3: Charge the Toothbrush Handle
Method A: Using the Charging Case (Recommended)

1. Insert the toothbrush handle into the case with bristles facing up.
2. Ensure the magnetic charging connector on the bottom of the handle aligns with the connector in the case.
3. Close the case lid securely.
4. The ring LED indicator around the power button will show pulsing green while charging.
5. The light becomes solid green when fully charged (approximately 3 hours).
6. If the brush handle has less than 10% battery remaining, the ring LED will flash red.

Note!: The power button cannot be turned on while the toothbrush is inside the charging case.

Method B: Direct Magnetic Charging (Optional)

If needed, use the USB-C to magnetic

charging cable to connect directly to the brush handle's magnetic charging connector.

1. Attach the magnetic end to the bottom of the brush handle.
2. Connect the Magnetic end to a power adapter.
3. Monitor LED indicators as described above.

We recommend using the charging case for all charging whenever possible for optimal protection, hygiene, and built-in UV cleaning.

Brush Head Installation

If brush head is not pre-installed:

1. Remove the used brush head by pulling it away from the brush handle in a firm, controlled motion.
2. Align the new brush head over the handle's metal shaft.
3. Press down gently until it is securely connected to the handle.
4. If pressed on too tightly, brush head vibration can be affected.

Note!: Replace brush heads every 3 months for optimal performance.

7. Operation Instructions

Basic Operation

STEP 1: Apply Toothpaste

1. Apply a pea-sized amount of toothpaste to the brush head.
2. Hold the brush at approximately 45° to your gum line.

STEP 2: Power On and Select Mode

1. Short press the power button to turn on the toothbrush.
2. Within 3 seconds, quick press again to cycle through brushing modes.
3. The LED indicator colour shows which mode is active (see Section 8 for mode details).

4. Outside 3 seconds, power off with a long press, then restart the mode selection cycle.

STEP 3: Brush Your Teeth

1. Close the brush over your teeth in smooth circular patterns.
2. Let the sonic vibrations do the work – do not scrub.
3. Apply light pressure only.
4. The ring LED will flash red if too much pressure is applied.
5. Ease off pressure to protect your teeth and gums.

STEP 4: Follow the Timer Signals

The toothbrush features Quad Pacers – short pulses every 30 seconds that guide you to switch quadrants:

- 0:00 – Start: First quadrant – Upper right
- 0:30 – Pulse signal: Move to second quadrant – Upper left
- 1:00 – Pulse signal: Move to third quadrant – Lower left
- 1:30 – Pulse signal: Move to fourth quadrant – Lower right
- 2:00 – Auto power-off: Brushing session complete

STEP 5: Rinse and Store

1. Rinse the brush head and handle under clean water.
2. Shake off excess moisture.
3. Dry before storing or charging.
4. Store in the charging case for UV-C cleaning (see Section 9).

pomabrush
by
pomalifestyle

effortless

elegant

essential



manufactured for
Poma Lifestyle Inc.

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www.pomalifestyle.com

Product Information

- Product Name: **pomabrush**® with charging case
- Product Code: PL-PB02CC-BLK
- Manual Version: 2.0
- Manual Date: January 2026

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Certifications:



8. Brushing Modes

The **pomabrush** offers three distinct modes to customize your oral care routine:

LED MODE DESCRIPTION	
Whitening	Green LED at 41,000 VPM for Enhanced cleaning & surface stain removal
Cleaning	Blue LED at 31,000 VPM for Standard daily cleaning
Massage	Yellow LED at 31,000 VPM with Pulse. Pulsing action for gum stimulation

Selecting Your Mode

To Change Modes:

- Press the power button once to turn on the toothbrush.
- Within 3 seconds, tap the power button again to cycle through modes.
- Each tap advances to the next mode: Cleaning → Whitening → Massage → Cleaning
- The LED colour indicates which mode is active.
- After 3 seconds, tapping the power button will power off the device rather than change modes.

Mode Memory:

The last-used mode will be saved between sessions. If you prefer a different mode, simply pick a new one right where you left off when turning on the toothbrush.

9. UV-C Hygiene Cycle

The charging case includes an integrated UV-C Hygiene Cycle to help maintain brush head hygiene.

9.1 How UV-C Hygiene Cycle Works

Automatic Operation:

Whenever the case is closed with a brush installed, the UV-C Hygiene Cycle activates automatically for 2 minutes. This helps eliminate bacteria and viruses on the brush head exposed to the UV-C light.

Purpose:

UV-C Hygiene Cycle is a hygiene maintenance feature that helps keep your brush clean between uses, especially when traveling.

9.2 Operating the UV-C Hygiene Cycle

STEP 1: Prepare for Cleaning

- Rinse the brush head and handle under clean water after use.
- Shake off excess water.
- Insert the toothbrush into the charging case with bristles facing up.

STEP 2: Activate UV-C Hygiene Cycle

- Close the case lid securely.
- The purple LED next to the case charging port switches on when UV-C cycle is in progress.
- The UV-C cycle runs for 2 minutes automatically.

STEP 3: Completion

- After 2 minutes, the purple LED turns off.
- The UV-C cycle is complete.
- Your brush is now clean and ready for next use.

Note!: If the case is opened during the cycle, the UV lamps switch off immediately for safety.

9.3 Safety Features

Automatic Shutoff:

- UV-C lamps automatically shut off if the case lid is opened.
- This prevents prolonged UV-C exposure to skin or eyes.

Case Requirement:

- UV-C Hygiene Cycle only activates when the case is fully closed.
- Partial closure will not activate the UV-C system.

Important!: Cleaning helps keep your brush hygienic on the go, especially when traveling. UV-C Hygiene Cycle is a hygiene maintenance feature and should not replace regular cleaning and brush head replacement.

10. Care and Maintenance

10.1 Daily Cleaning

After Each Brushing Session:

- Rinse the brush head and handle under clean running water.
- Shake off excess moisture.
- Wipe the handle with a soft, damp cloth if needed.
- Dry before storing or charging.

Important!: The handle is IPX7 waterproof and can be rinsed safely, but should not remain submerged for extended periods.

10.2 Charging Case

- Wipe the interior with a soft, damp cloth weekly.
- Ensure the case interior is dry before storing the brush.
- Do not use detergents, alcohol, or harsh cleaners.

10.3 Brush Head Replacement

Replacement Schedule:

- Replace brush heads every 3 months for optimal oral hygiene and performance.

Replacement Procedure:

- Remove the used brush head by pulling it away from the brush handle in a firm, controlled motion.
- Align the new brush head over the handle's metal shaft.

- Press down gently until it is securely connected to the handle.
- Verify the brush head is properly seated before operation.

Note!: If screwed on too tightly, brush head vibration can be affected.

10.4 Storage

Daily Storage:

- Store the toothbrush in the charging case when not in use.
- This provides UV-C cleaning and keeps the brush protected.
- Ensure the brush is dry before placing in case.

11. Troubleshooting

11.1 Troubleshooting Guide

ISSUE	POSSIBLE CAUSE	SOLUTION
Ring LED flashes red	Battery is low	Recharge. If the brush has less than 10% battery remaining, the ring LED will flash red.
Red light flashing while brushing	You are pressing too hard	Apply lighter pressure to protect teeth and gums.
Green LED does not turn on when case is charging	Cable not connected properly	Verify magnetic connection is secure.
Not charging when plugged into charger	This is normal operation	Try another charger as a minimum of 5V/1A is required for charging.
Toothbrush powers off unexpectedly after 2-minute	This is normal operation	This is the automatic shutoff after recommended brushing time.
Toothbrush not turning on	Battery may be empty	Recharge the brush using the case or magnetic cable. Ring LED will pulse green while charging.
Case not fully closing		Ensure brush is inserted in the case properly.
Toothbrush not charging in case	Charging case battery may be empty	Recharge the case via Magnetic cable. The case green LED will blink while charging.
Weak or no vibration when brushing	Brush head may not be correctly attached	Remove and reattach brush head. Press down gently until secure. If pressed on too tight, ease it off slightly.
UV-C light not turning on	Ensure the case is properly closed	Ensure the case battery is charged. The purple LED should activate.

ISSUE	POSSIBLE CAUSE	SOLUTION
Ring LED flashes red	Battery is low	Recharge. If the brush has less than 10% battery remaining, the ring LED will flash red.
Red light flashing while brushing	You are pressing too hard	Apply lighter pressure to protect teeth and gums.
Green LED does not turn on when case is charging	Cable not connected properly	Verify magnetic connection is secure.
Not charging when plugged into charger	This is normal operation	Try another charger as a minimum of 5V/1A is required for charging.
Toothbrush powers off unexpectedly after 2-minute	This is normal operation	This is the automatic shutoff after recommended brushing time.

11.2 LED Indicator Reference

RING LED

(around power button on brush handle):

- Blue solid = Cleaning mode active
- Green solid = Whitening mode active
- Yellow solid = Massage mode active
- Red flashing = Low battery – charge immediately OR excessive pressure applied
- Pulsing green = Charging in progress (when in case)
- Solid green = Fully charged

CASE LEDs:

- Green LED Blinking = Case is charging
- Solid Green = Case is fully charged
- Purple LED On for 2 minutes = UV-C Hygiene Cycle active
- Off = Cleaning complete or case open

12. Warranty Information

This product is covered by a 1-year limited warranty from the date of purchase. The warranty covers defects in materials and workmanship under normal use.

12.1 Warranty Coverage

Covered:

- Manufacturing defects
- Component failures under normal use
- Faulty materials
- Battery defects (not normal capacity reduction over time)

Not Covered:

- Damage from misuse, abuse, or improper maintenance
- Damage from use of non-approved replacement parts
- Damage from improper cleaning methods
- Normal wear and tear (brush heads, bristles, seals)
- Damage from attempts to open or modify the device
- Damage from improper storage or environmental conditions
- Battery capacity reduction due to normal aging
- Accidental damage

12.2 Filing a Warranty Claim

To file a warranty claim:

- Visit www.pomalifestyle.com/policies
 - Scan the QR code on the product packaging
 - Contact customer support with:
 - Proof of purchase (receipt or order number)
 - Product code (PL-PB02CC-BLK)
 - Detailed description of the issue
 - Photos if applicable
- Response Time:
Initial response: within 48 hours
Evaluation: 5-7 business days
Resolution: varies based on issue

13. Disposal and Recycling

This product contains rechargeable lithium-ion batteries and electronic components.



DO NOT dispose of in household waste.

13.1 Proper Disposal

Battery Disposal:

- Lithium-ion batteries must be recycled separately
- Return to authorized electronics recycling facility
- Many retailers offer battery recycling programs
- Contact local waste management for collection information

Electronic Waste:

- Recycle according to local electronics waste regulations
- Do not disassemble battery packs
- Do not incinerate

Component Separation:

If required by local regulations:

- Plastic housing → plastic recycling (where accepted)
- Electronic components → electronics recycling
- Battery pack → hazardous waste/battery recycling

13.2 Environmental Responsibility

The crossed-out wheeled bin symbol indicates this product must be collected separately from household waste. Proper disposal protects the environment and prevents release of hazardous substances.

14. Customer Support

14.1 Contact Information

- Email Support: support@pomalifestyle.com
- Online Contact: www.pomalifestyle.com/contactus

- Customer Account: Sign up or log in at www.pomalifestyle.com
- Support Hours: Monday–Friday: 9:00 AM – 5:00 PM GMT
- Response Time: Email inquiries: 24-48 hours

14.2 Replacement Parts

Available replacement parts:

- Replacement brush heads
- USB-C to magnetic charging cable
- Replacement charging case

Visit www.pomalifestyle.com or contact support to order.

14.3 Additional Resources

- Online Resources: www.pomalifestyle.com/resources
- Frequently Asked Questions: www.pomalifestyle.com/faq
- Manual in Other Languages: www.pomalifestyle.com/manuals

15. Compliance Information

This device complies with the following standards:

- CE (European Conformity)
 - EMC Directive 2014/30/EU
 - RoHS Directive 2011/65/EU
- FDA (U.S. Food and Drug Administration)
 - Registered as Class I Medical Device
- FCC (Federal Communications Commission)
 - Part 15, Subpart B
- RoHS (Restriction of Hazardous Substances)
 - Compliant with EU RoHS requirements
- IPX7 Waterproof Rating
 - Handle rated for immersion up to 1 meter for 30 minutes



pomabrush®
sonic electric toothbrush

user manual

Product Name: **pomabrush** with charging case
Product code: PL-PB02CC-BLK

Before using your **pomabrush**, please read this manual carefully and keep it safely stored for future reference.

1. Introduction

Thank you for purchasing the **pomabrush** Sonic Electric Toothbrush. This manual provides complete instructions for safe operation, maintenance, and troubleshooting. The **pomabrush** combines sonic cleaning technology with a travel charging case featuring integrated UV-C hygiene cycle for brush head hygiene maintenance.

The system includes:

- Sonic electric toothbrush handle with replaceable brush heads
- Portable charging case with built-in battery
- UV-C hygiene cycle system integrated in charging case

READ ALL INSTRUCTIONS BEFORE USE. RETAIN THIS MANUAL FOR FUTURE REFERENCE.

2. Safety Information

General Safety

Toothbrush Handle:

- The toothbrush handle may be safely rinsed under running water or used in a shower due to its IPX7 rating.
- After rinsing, shake off excess water and dry before storing or charging.
- Do not immerse in liquid for extended periods.
- Always use the supplied USB-C-magnetic cable to charge the case & travel case.
- Avoid using third-party cables or power sources that exceed standard USB output specifications.

Charging Case:

- The charging case is not waterproof.
- If the case becomes wet, wipe dry with a cloth.
- Do not immerse the charging case in liquid.

UV-C hygiene cycle:

- UV-C light activates only when the case is fully closed and automatically shuts off if the lid is opened during the cycle.
- In the event that UV-C lamps do not switch off when the case is opened, close the case immediately to avoid prolonged skin or eye exposure.
- For technical support, contact customer service if UV-C function malfunctions.

Cleaning Agents

DO NOT USE:

- Alcohol
- Solvents
- Abrasive cleaners

These substances can damage seals and silicone components on the handle and case.

Operating Environment

Temperature Range: -20°C to 45°C (-4°F to 113°F)

Extreme temperatures or humidity outside this range may shorten battery life or affect performance.

General Caution

Internal Repairs

- Do not disassemble or attempt repairs.
- Internal components carry electrical voltage.
- Contact customer support for service or guidance if device malfunctions.

Replacement Parts

- Use only manufacturer-approved replacement brush heads.
- Non-approved brush heads may not fit properly or could damage the device.

Supervision

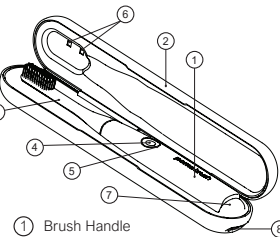
- Children should be supervised during use.
- Consult with a dental professional if you have questions about proper brushing technique or oral care.

3. Package Contents

Verify that the following items are included:

- 1 × **pomabrush** Sonic Electric Toothbrush Handle (with 1 brush head pre-installed)
- 1 × Additional Brush Head (in protective sleeve)
- 1 × Portable Charging Case with UV-C Cleaning
- 1 × USB-C to Magnetic Charging Cable (for case & handle)
- 1 × User Manual (this document)

Note! If any items are missing or damaged, contact customer support immediately.



- ① Brush Handle
- ② Charging Case
- ③ Brush Head
- ④ Power/Mode Button
- ⑤ Power/Mode/Pressure/Charge LED Indicator
- ⑥ UV-C Hygiene Lamps
- ⑦ Magnetic Charging Connector (Brush)
- ⑧ Magnetic Charging Port (Case)

4. Component Identification

1. Brush Handle – Main body housing battery and motor
2. Charging Case – Portable case with integrated charging and UV-C hygiene cycle
3. Brush Head – Replaceable, attaches to handle
4. Power/Mode Button – Press to power on/off and cycle modes
5. Power/Mode/Pressure/Charge LED Indicator Ring – Multi-colour status indicator
6. UV-C Hygiene Lamps – Located inside charging case
7. Magnetic Charging Connector (Brush) – On bottom of handle
8. Magnetic Charging Port (Case) – On the outside at the bottom of the case

5. Product Specifications

Toothbrush Handle

SPECIFICATION	VALUE
Power	Lithium-ion rechargeable battery
Battery Capacity	600mAh
Charging Method	USB-C to Magnetic connector
Battery Life	Approximately 30 days (2 minutes, twice daily)
Performance	Brush Frequency Range (31,000–41,000 vibrations per minute)
Operating Modes	3 modes (Cleaning, Whitening, Massage)
Timer Function	2-minute auto-shut-off with 30-second interval signals

SPECIFICATION	VALUE
Over Pressure Sensor	The ring LED will flash red if too much pressure is applied
Physical	
Handle Dimensions	205 mm (L) × 23 mm (Ø base)
Brush Head	Diameter 12 mm (Ø)
Waterproof	Rating IPX7
LED Indicators	Mode indicator ring (Blue/Green/Yellow)
Power/Mode Ring Indicator	Red (low battery), Pulsing Green (charging)

Charging Case

SPECIFICATION	VALUE
Power	Lithium-ion rechargeable battery
Battery Capacity	2,000mAh
Charging Time	Approximately 6 hours (full charge)
UV Cleaning	Cleaning Cycle 2 minutes (automatic)
Charging Port	USB-C to Magnetic connector
Physical	
Package Dimensions	245 × 57 × 55 mm
LED Indicators	Purple (UV-C active), Green (charging)
Output Capability	Multiple handle charges per case charge
UV-C Lamps	Integrated
Activation	Automatic when case is closed
Case Dimensions	35 × 45 × 35 mm
Materials	ABS plastic, silicone

Compliance and Warranty

ITEM DETAILS	
Certifications	CE, RoHS, FCC, FDA, IPX7
Warranty	12 months from date of purchase
FDA Registration	Class I Medical Device
Operating Temperature	20°C to 45°C (-4°F to 113°F)

Charging Case Components

LED indicators:

- Green LED (case charging status)
- Purple LED (UV-C hygiene cycle active)

Interior:

- Magnetic charging connector (contacts brush handle)
- UV-C lamps (positioned to expose brush head)
- Brush head storage area

Exterior:

- Magnetic charging port
- Lid with secure magnetic closure mechanism

6. Getting Started

Initial Setup

STEP 1: Unbox and Inspect

1. Remove all components from packaging.
2. Remove any protective films or covers from the toothbrush handle and case.
3. Verify all items are present (refer to Section 4).

STEP 2: Charge the Charging Case

Before first use, charge the portable charging case fully.

1. Connect the Magnetic cable connector to the charging port on the case.
2. Connect the USB-C end to a power adapter (5V/1A minimum).
3. The green LED next to the charging port will **blink** while charging.
4. The light stays **solid green** when the case is fully charged (approximately 6 hours).
5. Time to full charge is under 6 hours in most cases.

Note!: The case arrives partially charged but may have lost charge during shipping. For best performance, fully charge before first use.

STEP 3: Charge the Toothbrush Handle
Method A: Using the Charging Case (Recommended)

1. Insert the toothbrush handle into the case with bristles facing up.
2. Ensure the magnetic charging connector on the bottom of the handle aligns with the connector in the case.
3. Close the case lid securely.
4. The ring LED indicator around the power button will show pulsing green while charging.
5. The light becomes solid green when fully charged (approximately 3 hours).
6. If the brush handle has less than 10% battery remaining, the ring LED will flash red.

Note!: The power button cannot be turned on while the toothbrush is inside the charging case.

Method B: Direct Magnetic Charging (Optional)

If needed, use the USB-C to magnetic

charging cable to connect directly to the brush handle's magnetic charging connector.

1. Attach the magnetic end to the bottom of the brush handle.
2. Connect the Magnetic end to a power adapter.
3. Monitor LED indicators as described above.

We recommend using the charging case for all charging whenever possible for optimal protection, hygiene, and built-in UV cleaning.

Brush Head Installation

If brush head is not pre-installed:

1. Remove the used brush head by pulling it away from the brush handle in a firm, controlled motion.
2. Align the new brush head over the handle's metal shaft.
3. Press down gently until it is securely connected to the handle.
4. If pressed on too tightly, brush head vibration can be affected.

Note!: Replace brush heads every 3 months for optimal performance.

7. Operation Instructions

Basic Operation

STEP 1: Apply Toothpaste

1. Apply a pea-sized amount of toothpaste to the brush head.
2. Hold the brush at approximately 45° to your gum line.

STEP 2: Power On and Select Mode

1. Short press the power button to turn on the toothbrush.
2. Within 3 seconds, quick press again to cycle through brushing modes.
3. The LED indicator colour shows which mode is active (see Section 8 for mode details).

4. Outside 3 seconds, power off with a long press, then restart the mode selection cycle.

STEP 3: Brush Your Teeth

1. Close the brush over your teeth in smooth circular patterns.
2. Let the sonic vibrations do the work – do not scrub.
3. Apply light pressure only.
4. The ring LED will flash red if too much pressure is applied.
5. Ease off pressure to protect your teeth and gums.

STEP 4: Follow the Timer Signals

The toothbrush features Quad Pacers – short pulses every 30 seconds that guide you to switch quadrants:

- 0:00 – Start: First quadrant – Upper right
- 0:30 – Pulse signal: Move to second quadrant – Upper left
- 1:00 – Pulse signal: Move to third quadrant – Lower left
- 1:30 – Pulse signal: Move to fourth quadrant – Lower right
- 2:00 – Auto power-off: Brushing session complete

STEP 5: Rinse and Store

1. Rinse the brush head and handle under clean water.
2. Shake off excess moisture.
3. Dry before storing or charging.
4. Store in the charging case for UV-C cleaning (see Section 9).

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manufactured for
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Suite 2
Newark, DE 19711
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www.pomalifestyle.com

Product Information

- Product Name: **pomabrush**® with charging case
- Product Code: PL-PB02CC-WHT
- Manual Version: 2.0
- Manual Date: January 2026

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Certifications:



8. Brushing Modes

The **pomabrush** offers three distinct modes to customize your oral care routine:

LED MODE DESCRIPTION	
Whitening	Green LED at 41,000 VPM for Enhanced cleaning & surface stain removal
Cleaning	Blue LED at 31,000 VPM for Standard daily cleaning
Massage	Yellow LED at 31,000 VPM with Pulse. Pulsing action for gum stimulation

Selecting Your Mode

To Change Modes:

- Press the power button once to turn on the toothbrush.
- Within 3 seconds, tap the power button again to cycle through modes.
- Each tap advances to the next mode: Cleaning → Whitening → Massage → Cleaning
- The LED colour indicates which mode is active.
- After 3 seconds, tapping the power button will power off the device rather than change modes.

Mode Memory:

The last-used mode will be saved between sessions. If you prefer a different mode, simply pick a new one right where you left off when turning on the toothbrush.

9. UV-C Hygiene Cycle

The charging case includes an integrated UV-C Hygiene Cycle to help maintain brush head hygiene.

9.1 How UV-C Hygiene Cycle Works

Automatic Operation:

Whenever the case is closed with a brush installed, the UV-C Hygiene Cycle activates automatically for 2 minutes. This helps eliminate bacteria and viruses on the brush head exposed to the UV-C light.

Purpose:

UV-C Hygiene Cycle is a hygiene maintenance feature that helps keep your brush clean between uses, especially when traveling.

9.2 Operating the UV-C Hygiene Cycle

STEP 1: Prepare for Cleaning

- Rinse the brush head and handle under clean water after use.
- Shake off excess water.
- Insert the toothbrush into the charging case with bristles facing up.

STEP 2: Activate UV-C Hygiene Cycle

- Close the case lid securely.
- The purple LED next to the case charging port switches on when UV-C cycle is in progress.
- The UV-C cycle runs for 2 minutes automatically.

STEP 3: Completion

- After 2 minutes, the purple LED turns off.
- The UV-C cycle is complete.
- Your brush is now clean and ready for next use.

Note!: If the case is opened during the cycle, the UV lamps switch off immediately for safety.

9.3 Safety Features

Automatic Shutoff:

- UV-C lamps automatically shut off if the case lid is opened.
- This prevents prolonged UV-C exposure to skin or eyes.

Case Requirement:

- UV-C Hygiene Cycle only activates when the case is fully closed.
- Partial closure will not activate the UV-C system.

Important!: Cleaning helps keep your brush hygienic on the go, especially when traveling. UV-C Hygiene Cycle is a hygiene maintenance feature and should not replace regular cleaning and brush head replacement.

10. Care and Maintenance

10.1 Daily Cleaning

After Each Brushing Session:

- Rinse the brush head and handle under clean running water.
- Shake off excess moisture.
- Wipe the handle with a soft, damp cloth if needed.
- Dry before storing or charging.

Important!: The handle is IPX7 waterproof and can be rinsed safely, but should not remain submerged for extended periods.

10.2 Charging Case

- Wipe the interior with a soft, damp cloth weekly.
- Ensure the case interior is dry before storing the brush.
- Do not use detergents, alcohol, or harsh cleaners.

10.3 Brush Head Replacement

Replacement Schedule:

- Replace brush heads every 3 months for optimal oral hygiene and performance.

Replacement Procedure:

- Remove the used brush head by pulling it away from the brush handle in a firm, controlled motion.
- Align the new brush head over the handle's metal shaft.

- Press down gently until it is securely connected to the handle.
- Verify the brush head is properly seated before operation.

Note!: If screwed on too tightly, brush head vibration can be affected.

10.4 Storage

Daily Storage:

- Store the toothbrush in the charging case when not in use.
- This provides UV-C cleaning and keeps the brush protected.
- Ensure the brush is dry before placing in case.

11. Troubleshooting

11.1 Troubleshooting Guide

ISSUE	POSSIBLE CAUSE	SOLUTION
Ring LED flashes red	Battery is low	Recharge. If the brush has less than 10% battery remaining, the ring LED will flash red.
Red light flashing while brushing	You are pressing too hard	Apply lighter pressure to protect teeth and gums.
Green LED does not turn on when case is charging	Cable not connected properly	Verify magnetic connection is secure.
Not charging when plugged into charger		Try another charger as a minimum of 5V/1A is required for charging.
Toothbrush powers off unexpectedly after 2-minute	This is normal operation	This is the automatic shutoff after recommended brushing time.
Toothbrush not turning on	Battery may be empty	Recharge the brush using the case or magnetic cable. Ring LED will pulse green while charging.
Case not fully closing		Ensure brush is inserted in the case properly.
Toothbrush not charging in case	Charging case battery may be empty	Recharge the case via Magnetic cable. The case green LED will blink while charging.
Weak or no vibration when brushing	Brush head may not be correctly attached	Remove and reattach brush head. Press down gently until secure. If pressed on too tight, ease it off slightly.
UV-C light not turning on	Ensure the case is properly closed	Ensure the case battery is charged. The purple LED should activate.

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Toothbrush powers off unexpectedly after 2-minute	This is normal operation	This is the automatic shutoff after recommended brushing time.

11.2 LED Indicator Reference

RING LED

(around power button on brush handle):

- Blue solid = Cleaning mode active
- Green solid = Whitening mode active
- Yellow solid = Massage mode active
- Red flashing = Low battery – charge immediately OR excessive pressure applied
- Pulsing green = Charging in progress (when in case)
- Solid green = Fully charged

CASE LEDs:

- Green LED Blinking = Case is charging
- Solid Green = Case is fully charged
- Purple LED On for 2 minutes = UV-C Hygiene Cycle active
- Off = Cleaning complete or case open

12. Warranty Information

This product is covered by a 1-year limited warranty from the date of purchase. The warranty covers defects in materials and workmanship under normal use.

12.1 Warranty Coverage

Covered:

- Manufacturing defects
- Component failures under normal use
- Faulty materials
- Battery defects (not normal capacity reduction over time)

Not Covered:

- Damage from misuse, abuse, or improper maintenance
- Damage from use of non-approved replacement parts
- Damage from improper cleaning methods
- Normal wear and tear (brush heads, bristles, seals)
- Damage from attempts to open or modify the device
- Damage from improper storage or environmental conditions
- Battery capacity reduction due to normal aging
- Accidental damage

12.2 Filing a Warranty Claim

To file a warranty claim:

- Visit www.pomalifestyle.com/policies
- Scan the QR code on the product packaging
- Contact customer support with:
 - Proof of purchase (receipt or order number)
 - Product code (PL-PB02CC-WHT)
 - Detailed description of the issue
 - Photos if applicable
 - Response Time: Initial response: within 48 hours
Evaluation: 5-7 business days
Resolution: varies based on issue

13. Disposal and Recycling

This product contains rechargeable lithium-ion batteries and electronic components.



DO NOT dispose of in household waste.

13.1 Proper Disposal

Battery Disposal:

- Lithium-ion batteries must be recycled separately
- Return to authorized electronics recycling facility
- Many retailers offer battery recycling programs
- Contact local waste management for collection information

Electronic Waste:

- Recycle according to local electronics waste regulations
- Do not disassemble battery packs
- Do not incinerate

Component Separation:

If required by local regulations:

- Plastic housing → plastic recycling (where accepted)
- Electronic components → electronics recycling
- Battery pack → hazardous waste/ battery recycling

13.2 Environmental Responsibility

The crossed-out wheeled bin symbol indicates this product must be collected separately from household waste. Proper disposal protects the environment and prevents release of hazardous substances.

14. Customer Support

14.1 Contact Information

- Email Support: support@pomalifestyle.com
- Online Contact: www.pomalifestyle.com/contactus

- Customer Account: Sign up or log in at www.pomalifestyle.com
- Support Hours: Monday–Friday: 9:00 AM – 5:00 PM GMT
Email inquiries: 24-48 hours

14.2 Replacement Parts

Available replacement parts:

- Replacement brush heads
- USB-C to magnetic charging cable
- Replacement charging case

Visit www.pomalifestyle.com or contact support to order.

14.3 Additional Resources

- Online Resources: www.pomalifestyle.com/resources
- Frequently Asked Questions: www.pomalifestyle.com/faq
- Manual in Other Languages: www.pomalifestyle.com/manuals

15. Compliance Information

This device complies with the following standards:

- CE (European Conformity)
 - EMC Directive 2014/30/EU
 - RoHS Directive 2011/65/EU
- FDA (U.S. Food and Drug Administration)
 - Registered as Class I Medical Device
- FCC (Federal Communications Commission)
 - Part 15, Subpart B
- RoHS (Restriction of Hazardous Substances)
 - Compliant with EU RoHS requirements
- IPX7 Waterproof Rating
 - Handle rated for immersion up to 1 meter for 30 minutes



pomabrush®
sonic electric toothbrush

user manual

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Before using your **pomabrush**, please read this manual carefully and keep it safely stored for future reference.